

It's your 45th birthday!

Gift yourself better health - get screened!

The American Cancer Society recommends adults begin colorectal cancer (CRC) screening at age 45 years.^{1,2} Incidence rates are rising for young adults.³ CRC screenings can lower your risk for colon cancer.⁵



- **1 in 10** colorectal cases occur in people younger than 50^{4,5}
- Colonoscopy screenings can reduce mortality rates by up to **70%**¹
- **90%** of patients with colon cancer will beat it when caught in the early stages⁶

Take care of your colon health today!



Talk with your doctor today to discuss which screening option works best for you.

1. Ahmed M. Colon Cancer: A Clinician's Perspective in 2019. *Gastroenterology Research*. 2020;13(1):1-10.
2. Knudsen AB, Rutter CM, Peterse EFP, et al. Colorectal Cancer Screening: An Updated Modeling Study for the US Preventive Services Task Force. *JAMA*. 2021;325(19):1998-2011. doi:10.1001/jama.2021.5746
3. Gausman V, Dornblaser D, Anand S, et al. Risk Factors Associated with Early-Onset Colorectal Cancer. *Clinical Gastroenterology and Hepatology*. 2020;18(12):2752-2759.
4. Bailey CE, Hu C-Y, You YN, et al. Increasing disparities in the age-related incidences of colon and rectal cancers in the United States, 1975-2010. *JAMA surgery*. 2015;150(1):17-2
5. Davidson KW, Barry MJ, Mangione CM, et al. Screening for Colorectal Cancer: US Preventive Services Task Force Recommendation Statement. *JAMA*. 2021;325(19):1965-1977. doi:10.1001/jama.2021.6238
6. Shariieh A, A. Hamad N, I. Abu Kaf H, H. Abuadas F. Predicting Patient's Willingness for Colorectal Cancer Screening Practices Using Machine Learning Classifiers. 2023 International Conference on Information Technology (ICIT), Information Technology (ICIT), 2023 International Conference on. August 2023:178-183.